

# Culpeper Minutes

YOUR Information Source for What's Going On in Culpeper!

## Aging Together Builds Effective Connections (see page 13)



















### A Message from the Board of Supervisors



Dear Citizens:

On behalf of the Board of Supervisors, I want to send our best wishes to you and your families this holiday season. The Board hopes that the year 2010 was a good one for you and that 2011 will be even better. We know that the current economic climate has been very difficult for some, and we hope for much improvement in the coming year.

The Board will soon be working on the budget for fiscal year 2012. This promises to be another difficult year. Through the last few years, the Board has done a lot of "belt tightening" and as a result, taxes have even been reduced. While this is important for our citizens, it is not without consequence. Many budgets have been cut, and I would be remiss if I did not point out that County services have not diminished proportionately with those cuts. This is a direct result of having a dedicated County staff which has done more with less. I wish to commend the hard work of our staff in persevering through these times despite dwindling resources.

One significant item of note—the Board of Supervisors adopted the 2010 Culpeper County Comprehensive Plan on August 3, 2010. This State mandated blueprint for our future replaces the 2005 Plan in its entirety. It is a lengthy document and it was produced 100% in-house, by the County Planning staff. This is just one example of your County staff producing what is required in the most cost effective manner possible, without the use of outside consulting. The document can be viewed online at www.culpepercounty.gov; just go the Planning and Zoning page.

We are always anxious to hear from you. Please feel free to contact any Board member or member of the staff regarding any issues or concerns you may have.

Again, we hope that your holidays have been joyous and that the New Year brings you happiness and prosperity.

For the Board,

Brad Rosenberger, Chairman Jefferson

Steven E. Nixon West Fairfax

Tom Underwood

Brad Rosenbugu Brad C. Rosenberger, Chairman,

Culpeper County Board of Supervisors Jefferson Magisterial District

Sue D. Hansohn Catalpa

William C. Chase, Jr. Stevensburg

Steven L. Walker

Meetings of the Board of Supervisors are held the first Tuesday of each month: at 10 a.m. for general County business and at 7 p.m. for a public forum, planning business and public hearings. Agendas are available prior to the meetings at the Library and on the County website at www.culpepercounty.gov and minutes are available following the meetings. Video coverage is provided by Channel 10.

### **Culpeper County Board of Supervisors**

To contact your Supervisor, call the County Administration Office at 727-3427, or contact directly as follows:

> Chair Brad C. Rosenberger 937-4928

brosenberger@culpepercounty.gov Jefferson District

> Vice Chair Larry W. Aylor 825-0582

laylor@culpepercounty.gov Cedar Mountain District

William C. Chase, Jr. 399-1218

bchase@culpepercounty.gov Stevensburg District

> Sue D. Hansohn 825-1893

shansohn@culpepercounty.gov Catalpa District

> Steven E. Nixon 825-5768

snixon@culpepercounty.gov West Fairfax District

> **Tom Underwood** 547-2742

tunderwood@culpepercounty.gov Salem District

> Steven L. Walker 825-7716

swalker@culpepercounty.gov East Fairfax District

> The Board meets the 1st Tuesday of each month 10 a.m.

**General County Business** 7 p.m. **Public Forum Planning Business** 

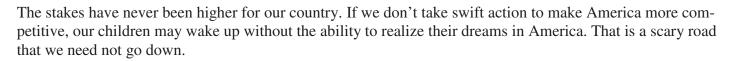
**Public Hearings** 

www.culpepercounty.gov

### **Congressman Eric Cantor**

Here in Virginia, families are hurting and small business people are struggling to keep the lights on and make payroll. That's why we must fight to keep taxes low and to rein in needless regulation that costs our economy jobs.

More government spending and control over the economy is simply not the answer to our problems; government needs to listen to our job creators and empower them with the tools they need to get the economy growing again.



It's time for America to restore the vision of our Founders, who knew that our country could only flourish with a limited government that safeguards individual liberty.

By promoting free enterprise, entrepreneurship and individual opportunity, we can put America back on the path to growth. America still has the most productive, innovative and entrepreneurial workforce in the world. We just need government to provide the right incentives to our small business owners to spur growth, investment and responsible risk taking.

I remain committed to stopping the runaway spending that is driving our national debt to unsustainable levels, reining in the size and scope of government and creating jobs to get people back to work and secure the economic future for our families.

### Congressional Veteran Commendation

Every year, my office solicits nominations of outstanding veterans to honor in the Congressional Veteran Commendation Ceremony. Selected by a board of veterans, the awardees represent veterans from every major military conflict since WWII. This year I am pleased to announce that **Major William C. Chase, Jr. of Culpeper** was one of seven to receive a 2010 Congressional Veteran Commendation.

### **Culpeper County Board of Supervisors—Boards and Committees**

The Board of Supervisors has committees which make recommendations to the Board on issues in a variety of areas. If you would like to serve on a board or committee, we would like to hear from you.

Please call the Administrative Office at 540-727-3427 for an application or visit our website at www.culpepercounty.gov. The website describes each committee, lists current openings and offers printable application forms. Applications are confidential and are received by the County Administrator. Applications are presented to the Board for consideration and decision, in Closed Session. The applications are kept on file and in case of an opening, applicants may be contacted even if the initial filing was not immediately accepted.

The Board of Supervisors would like to have a pool of candidates so that each new appointee helps balance the currently sitting committee. Applications are encouraged and welcome at any time.





INSIDE THIS ISSUE:	
Culpeper County Schools	4
Library	5
Windmore Art Classes	9
Kid Central	10
Buy Local, Buy in Culpeper	12
New! Medical Transportation	12
Aging Together	13
County Administrator	13
Chamber Non-Profit Council	14
Parks & Recreation	15
Parenting Support	27
Regional Adult Education	28
Culpeper Animal Services	30
The Museum	32
Culpeper Literacy Council	32
After School Arts Program	33
Family Fun Events	33
Extension	34
Soil and Water	36
Criminal Justice Services	37
Medical Reserve Corps	37
Commissioner	38
Sheriff	39

This newspaper is a quarterly publication to the citizens of Culpeper County by the Board of Supervisors. It is designed to present and provide information about issues affecting those who live in Culpeper. Over 20,000 copies are distributed, one to each mail address in Town, County, and to each U.S.P.S. Box within the Town and County of Culpeper.

The newspaper is also available online at www.culpepercounty.gov Email dhoffman@culpepercounty.gov with comments and suggestions or to unsubscribe.

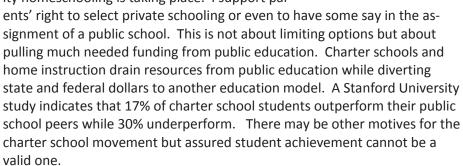
# **Culpeper County Public Schools**We Are Superman

Public education has received more media attention in the last two months than at any other time I can remember in my almost thirty years in the profession. Even the implementation of state assessments on the Standards of Learning in the mid nineties and the implementation of No Child Left Behind in 2000 pale in comparison. The recent media blitz led to the first screening of a movie focused on the challenges of public education entitled Waiting for Superman. Why this focus on public education? Could it be that with a weak economy, we are looking for reasons to live with the decision to underfund public education? Could it be that with student data that is available in abundance, we now know how students are performing and we seem surprised that a portion of our students aren't successful? Could it be that a neighboring, large school division continues to make national headlines as its chancellor takes bold steps to improve instruction, teacher quality, and student success in a school district that by many measures is broken? Could it be that we all want our schools to focus on different things, and we have, therefore, lost a shared vision for the purpose of public schools? Could it be that we want U.S. students to be number one because we care for our students and our country? I suspect the truth lies somewhere among all of these questions.

It would be foolish for me to state that everything in public education, and more importantly in Culpeper County Public Schools, is perfect. But, it is important to remember that most of what we hear on the national news and in public debate centers on statistics and anecdotal evidence from large urban districts. Most of the education policy leaders are shaping policy to address needs and circumstances that are far removed from Culpeper, Virginia. We may have had a personal experience with a teacher who didn't measure up to expectations or a school practice that seems overreaching. Each of us knows someone who would like to see something change at their child's school. With this said, our focus should remain on issues that are meaningful to improving schools in our own backyard. We should be very careful that policies and programs to fix large, urban school districts do not interfere with or take money from what's working for us.

Charter schools are being touted as the salvation of the education system. Charter schools are schools run with public funds that are released from many of the mandates of a public school system. I recently heard a presentation from administrators and board members from Richmond City Public Schools outlining the process for approving a charter school application in Richmond. It was obvious that this group of people took their responsibility seriously and worked diligently to support the charter school applicants as they worked through the process. To say this was a time and resource consuming process for many of the top administrators in Richmond is an understatement. They cannot be accused of thwarting the charter school movement in their division. But, like homeschooling, there is a cost in overseeing and managing a charter school program even though the funding for these students does not come into the district. It is also impor-

tant to remember that the research on charter school success is sketchy at best. I have always acknowledged that some students respond better to different instructional delivery systems. I support a parent's right to homeschool as long as quality homeschooling is taking place. I support par-



So as we are all prompted to wait for Superman to fix public education in superhero fashion, let's return to the question What would we have superman do? Should he teach core academics, make students career ready, or college ready? Should he foster democratic principles to keep our foundation strong? Should he neglect core knowledge and focus on tools that will make students savvy in a 21st century world? Should he address the societal issues that come from poverty and health concerns? Should he work to keep all students in school or simply acquiesce to the fact that some students aren't going to partake of the meal that is being served? At a recent town hall meeting, a couple of speakers lamented the challenges and expectations placed on public educators. Before the evening was over, several suggestions for improving schools had been made that would have placed even more responsibility on the educators that had been championed at the beginning of the meeting. So, we want it all. I want it all. There is no clear definition of what public education should focus on because there is no other institution that can systematically reach a significant portion of the population. We rely on the education system to address all of the needs of society, not just the educational needs. If we did decide to focus only on educational needs, we are still sharply divided on what is important to

The truth is, educational needs as well as human needs are addressed in our schools every day. The needs of our students are vastly different than they were even a decade ago. School is not that place we all remember fondly, although it still serves as a structured, safe-haven for many who cannot feel safe anywhere else. This is just a simple fact. And even with increased accountability measures and more public scrutiny, student achievement has improved and will continue to improve. We may have lost our cape, but rest assured, we are Superman.

Dr. Bobbi Johnson Division Superintendent



# **Culpeper County Library**

A person who won't read has no advantage over one who can't read. -- Mark Twain

# Children's Programs

### Itsy Bitsy Baby Story Time

3<sup>rd</sup> Thursdays of the month: January 20, February 17, March 17 all at 10:30 a.m.

Babies, birth to two years old, are welcome to attend. Parents will sit on the floor or a chair with their babies in their laps. Baby songs, nursery rhymes, finger plays, stretching exercises, books and methods for stimulating language and brain development for babies will be shared. No Registration Necessary.



### Walk-in Story Times

Culpeper County Library offers two walk-in Story Times for children.

Both programs are free and do not require registration.

Tuesdays 7:00 p.m.

**Bedtime Story Time** is a family event where children are encouraged to wear their pajamas, slippers and bring their favorite stuffed animal. There will be stories, songs, rhymes and activities. Each program focuses on a different theme. Visit the Library or our website <a href="https://www.cclva.org">www.cclva.org</a> for theme listings.



Fridays 10:30 a.m.
Fun Friday Walk-in

**Story Time** features stories, songs, activities and more! Each program focuses on a different theme. Visit the Library or our website <a href="https://www.cclva.org">www.cclva.org</a> for theme listings.

### **Tuesday Morning Registered Story Times**

Must Register IN PERSON at the Library.

Session- January 11<sup>th</sup>-February 15<sup>th</sup>

Registration begins Tuesday, January 4<sup>th</sup> and is ongoing (even after the program starts).

Session- March 1st April 5th



Registration begins Tuesday, February 22<sup>nd</sup>

**Pre-School Story Time** 

Ages 3-5 Tuesdays 10:30 a.m.

Children participate on their own in this program. Caregivers remain in the Library during the program, but get to browse our books! Books, songs, puppets, finger plays, coloring, and flannel board stories make this a great time for all!

Toddler Story Time at 10:30 a.m. and 11:15 a.m. (If you do not have a child in Pre-School Story Time, please register for the 11:15 session if possible)

Caregivers participate with their children. Stories, songs, finger plays, rhymes, coloring, and more!



# Listen to DIAL-A-STORY Call 540-825-0555

to hear a GREAT story!

The stories change every week and feature some seasonal selections.

# Read along with TUMBLEBOOKS

@www.cclva.org



on your computer at home or in the Library. Click on "TumbleBooks" for stories in English and other languages, puzzles and games.



### **Culpeper County Library (continued)**



### READ TO THE DOGS AT THE LIBRARY!

2<sup>nd</sup> Saturdays of the month from 10:30-11:30 a.m. January 8, February 12, March 12.

The Welcome Waggers therapy dogs are coming back for another fun-filled Saturday morning of reading! This program is intended to encourage children to practice reading without the pressure of getting all the words right. Dogs don't correct or criticize! Sessions are free, and there is no registration. A signed permission slip is required before children may participate in the program.

# **Teen Programs**

For reminders and up to date information,

Stay in touch: Library Website at www.cclva.org; Facebook-CCLVA; Youtube at www.youtube.com/cclva Laini Bostian | bostian@cc|va.org or 540-825-8691



### Anime Night Ages 12-18 **1st Thursdays of the month 6-8**

p.m. February 3rd: Ouran Academy: An institution of extravagance and prestige where learning comes secondary to luxury. But for studious Haruhi Fujioka, education is a privilege that must be earned, being on scholarship and out of place among the moneyed. That is until the day Haruhi stumbles upon the Host Club, a stumble which leaves the freshman indebted for millions of yen.

And the only way to pay for the damages? Well, Haruhi will work as a Host. There's only one problem: Haru-he is actually a Haru-she! From the troublesome twins with their little games to the selfproclaimed "king" obsessed with the club's newest member, these boys will cater to any desire. Freshman year definitely looks like it will be one to remember!

For more about the characters and the show, go to www.funimation.com/ouran Movies for upcoming months will be available on the Library website under "For Teens" or at the Library.



Random Writers AGES 12-18 3rd Mondays of the month (except in February when it will be the 2<sup>nd</sup> Monday, which is February 14th). 6-8 p.m. REGISTER IN ADVANCE.

Bring a notebook and any writing you would like to share. It is fine to just come and listen to other people's stories. Learn to give helpful feedback, take some time to write, and get to

know other writers. Wear a hat...a fun hat...a writing hat (optional)!



### A New Year – A New Way to Support the Library

Do you search the Internet? Purchase items online? If so, you can help our Library. Go to www.GoodSearch.com and select The Friends of the Culpeper Library as your charity. The Friends will be given \$.01 for every search you make, and a percentage of your total online purchases made through the Good Search site. You can download a tool bar to make it easy to use. Good Search is powered by the Yahoo search engine.

### **Friends**

### Friends' of the Culpeper County Library **Bookstore Hours**

Monday - Thursday: 11 a.m. - 1 p.m.; 5 p.m. - 7 p.m. Friday: 11 a.m. – 1 p.m. Saturday: 11 a.m. – 2 p.m. In the Culpeper County Library, at the back, next to **the computer room.** Stop in and see us! Have some time in your schedule? Volunteer 2 hours per month to help with the extended hours. If you are interested in volunteering for the Bookstore, and helping the Friends help the Library, please call Kathy Clevenger at 825 – 8691 or e-mail her at kclevenger@cclva.org. The Friends of the Library Bookstore is a great place to find good reading for yourself and your family for the upcoming holidays. We have a wide selection of books, from the latest fiction to the old classics, and from biographies to the sciences, with a little of all in between. Our prices range from free for a small number of items, to a few dollars for the really new books and collectors' editions. Also available at the Circulation Desk are our large, super sturdy book bags for only \$8.00 apiece. Fill one up with your great Bookstore finds!

The volunteers of the Friends of the Library Bookstore thank you for your support.



### Culpeper County Library (continued)

Pansy Sale - Saturday, March 26 Just in time for Spring. Tired of Winter? Get ready for spring with the Friends Annual

> Pansy Sale. March 26 starting at 9:00 a.m. until the pansies are sold (usually around 11:00). We often have begonias, calendulas and of

course lots of pansies.

We'll post prices and plant varieties as the date draws near. So kick those winter time blues and help out the Library at the same time.



# It is never too late to join the Friends of the Culpeper County Library

Membership Year - January thru December

Membership Types: Individual \$5.00

Institutional \$25.00

Family \$10.00 Benefactor \$50.00

The Friends of the Culpeper County Library is a non-profit volunteer organization dedicated to supporting the Library. Money raised by the Friends is used to sponsor programs and cultural opportunities that would otherwise go unfunded.

### \$10,000 to \$15,000 is spent annually in support of Library programs including:

- Summer Reading Program for children and teens
- Adult Reading Program
- Speaker programs for the community
- Storytellers for adults and children
- Book Page monthly book review offered free of charge to patrons
- Support of National Library Week
- Library supplies such as puzzles, bookmarks, stickers, and giveaways for children
- Funds are raised through various activities that also benefit the community:
  Used Book Store and Used Book Corner operated at the Library
- Annual Pansy Sale
- Sale of commemorative leaves on Giving Tree located in Meeting Room
- Author events

### Other Activities

- Sponsorship of Third Thursday book discussion groups
- Distribution of Lonesome Pine books-by-mail catalogs

MEMBERSHIP FORMS MAY BE OBTAINED AT THE CIRCULATION DESK

### FRIENDS OF THE LIBRARY BOOK CLUB

will meet in the Library Conference Room at 10:00 a.m. and 7:00 p.m. on the following dates:

### JANUARY 20 - THE WOMAN IN WHITE

by Wilkie Collins. Generally considered the first and greatest "sensation novel" (1859-60), features the remarkable heroine Marian Holcombe and her sleuthing partner, drawing master Walter Hartright, pitted against the diabolical team of Count Fosco and Sir Percival Glyde. Collins' psychological thriller has never



been out of print in the 140 years since its publication!

### FEBRUARY 17 - THE SWALLOWS OF KABUL

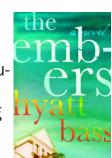
by Yasmina Khadra. The novel is set in Kabul under Taliban rule and it examines the lives of two couples. It is written with compassion and exqui-

site detail about the mentality of Islamic fundamentalists and the complexities of the Muslim world. The author offers insight into a society that violence and hypocrisy have brought to the

edge of despair.

### MARCH 17 - EMBERS

by Sandor Marai. Already an international bestseller, "Embers" was first published in Budapest in 1942. The story begins when the close friendship develops between two young men, Henrik and Konrad. After a rift of 41 years they meet again in the fading splendor of Henrik's castle. Many twists are revealed due



of Henrik's castle. Many twists are revealed during that evening! A "New York Times" Notable Book.

Take this opportunity to read these wonderful books, then participate in our Book Club's discussions.

### New members are always welcome!

The books for discussion are available for a ten day checkout at the Circulation Desk or may be purchased at a discount at The Corner Shelf Bookstore. New members are always welcome –come and join us at our next meeting.

### The Iditarod comes to Culpeper

Join us on Saturday, March 19 for a really unusual team. Karen Land and her sled dog, Borage will be back to present their program on the Iditarod. The 1,150-mile



Iditarod Trail Sled Dog Race across Alaska is an unbelievably difficult race. More people have reached the summit of Mount Everest than have made it to the Iditarod finish line behind a dog team.



Imagine stepping on the runners with 16 dogs barking and pounding to RUN in front of you. Imagine taking that team from the crowded downtown streets of Anchorage across the treacherous Alaskan Range Mountains down the bitterly cold Yukon River to the Bering Sea and the gold rush town of Nome. Imagine running a dog team 1,150 miles; the same distance as a trip

from Indianapolis, IN to Miami, FL. Imagine racing day and night for 14 days straight to reach the finish and your goal.

Karen went from an observer to a doer in just three short years; it takes most mushers at least twice that long to work up to the Iditarod. In March 2002, Karen took on and finished the biggest, most challenging sled dog race in the world - the Iditarod. She went on to compete in the

Karen is writing several books based on her Iditarod adventures, the mushing life, and, of course, all of the dogs she has met along the way. Karen is a columnist for the Pulitzer Prize-winning newspaper, the

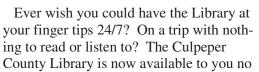
Great Falls Tribune, and the Kansas

2003 and 2004 Iditarod as well.



City Tribune. She also writes for magazines.

"My dogs have taught me about leadership and teamwork," she says. "As they say, 'You can't push a noodle.' Mushing takes leaders willing to set the pace and guide the way, and a team full of desire willing to follow. I am honored these wonderful dogs let me go along for the ride... the ride of a lifetime." Join us for a fun filled afternoon. Tickets may be purchased at the door. Families are \$5.00, individuals are \$3.00.





matter where you may be, as long as you have access to a computer with an internet connection. Check out our best kept secret. Free of charge to you as always, with your Culpeper County Library Card.

With a valid library card patrons can log onto the Library's website, at www.cclva.org, install the free software, check out and download popular and classic audio books to their PC, and then transfer to a portable MP3 player or even burn some titles to a CD and listen in the car. Most are now IPod compatible.

Patrons can check out up to ten titles at a time, and at the end of the 7 or 14 day lending period (you choose), the audio books will expire from their PC and be automatically returned. With the digital titles, there are no late fees or damage costs. The service is free, easy-to-use, and best of all, available anytime from anywhere in the world. Want to know more about downloadable audio books? Susan Keller, the director, is available for a 15-minute demonstration to your group. Call at 825-8691 to make an appointment for this new, but easy, technology. (And by the time you read this, check out this site for downloadable e-books.)

**Volunteers are needed for both the Library and the** Friends. We need people with all skill levels. We would love to have a professional woodworker that could refinish the edges of some of our tables and book stacks. After 11 years and many, many people they could use some sprucing up. The Friends of the Library would buy the supplies, if you would do the work. We always need trainers to help with training on the computers, shelvers to put books away, and Bookstore volunteers. Please contact Kathy Clevenger at 825-8691 for more information.

Check our website at www.cclva.org for more information on programs as they are scheduled.

Due to budget cuts the Library is closed on Sundays. Our hours are Monday - Thursday from 10:00 a.m. - 9:00 p.m. Friday and Saturday from 10:00 a.m. - 5:00 p.m.

For your convenience the Library is open on both Lee/Jackson Day and Martin Luther King's Birthday. We will be closed Presidents' Day, February 21.



### ART CLASSES FOR ALL AGES January-March 2011

Windmore is *your* community arts center! Our mission is to support the visual, literary, and performing arts through awareness, participation, and education. We provide opportunities to local artists and writers as well as arts scholarships and programs like Art in the Park to the community. Please visit <a href="www.windmorefoundation.org">www.windmorefoundation.org</a>, e-mail <a href="mailto:info@windmorefoundation.org">info@windmorefoundation.org</a>, or call 540-547-4333.

Windmore is partially supported by Northern Piedmont Community Foundation, Virginia Commission for the Arts, and the National Endowment for the Arts. We also rely on the support of the community through memberships. Help Windmore bring the arts home by joining today! Visit our website to download an application or call or e-mail us for more information.



## CLASSES FOR KIDS making Making Marks

MARKS Fridays, January-March, 10-11 am (No class if schools are closed due to

weather)

Making Marks is a program for toddlers, preschoolers and their caregivers. Is your child ready for a first set of crayons? Not sure how to encourage them? At this art playdate, children will get started "making marks" with jumbo crayons, washable watercolors, and big pads of paper. Come play with us!

Free for Windmore members with a family membership or \$5 per class. No advanced registration required.

### Wiggles and Giggles (ages 2–5) Mondays, January 10-24, 9 –10 am

Wiggles and Giggles invites children to come and have some fun. This class focuses on: movement, social interaction, music, stories, arts & crafts (supplies provided). Register in advance with Natalie Pories at wigngig@hotmail.com or 540-547-2272. \$12 per class

### **GET ART: Batik for Kids & Adults**

(ages 6 and older)

Saturday, January 8, 10 am-12 pm

Learn the basics of batik. This hands-on activity is lots of fun for kids and parents to explore together. Supplies will be provided. Teacher: Liz Reid

### GET ART: Origami for Kids (ages 6 and older)

Saturday, January 29, 10 am-12 pm

Origami is the art of paper folding—taking a flat sheet of paper and making something beautiful and dimensional just by folding it. Supplies will be provided. Teacher: Liz Reid

\$15 Windmore members/\$20 for nonmembers

### **GET ART: Comics for Kids** (ages 4 and older)

Saturday, February 5, 10 am-12 pm

Draw your very own superhero (or villain)! Supplies will be provided. Children under 6 must be accompanied by an adult.

Teacher: Tony Rozwadowski

\$15 Windmore members/\$20 for nonmembers

### **ACT UP: Acting Workshop for Kids** (ages 6–14)

Saturdays, February 12–26, 10–11:30 am (3 classes) Beginning and Beyond. Classes will cover stage technique, scene study, cold reading, and auditioning. Teacher: Kathleen August

Drop in for \$15 per class or \$45 for session Windmore members/\$20 per class or \$60 for session for nonmembers

### GET ART: Printmaking for Kids (ages 4 and older)

(ages 4 and older)

Saturday, March 5, 10 am-12 pm

Design and make your own stamp. Learn to make your own prints on paper and fabric. Supplies will be provided. Children under 6 must be accompanied by an adult. Teacher: Kelly Rozwadowski

\$15 Windmore members/\$20 for nonmembers

### **NEW!** Birthday Parties at Windmore!

Host a creative birthday party for your child at the Windmore Art Center! Party themes and art projects will be tailored to your child's interests for a special and unique event. Call or e-mail us today to learn more!

### TEENS & ADULTS (13 and older)

GET ART: Beginning Quiltmaking Class Wednesdays, January 5, 12 and February 2–23, 10 am – 12 pm (6 classes)

The Beginning Quiltmaking class will include instructions and projects on both processes of quilting—piecing and quilting. The class is designed to give you experience in both hand piecing and hand quilting. You will learn to sew straight seams and to appliqué. The quilting stitch itself will be covered on its own. You will learn several finishing techniques for small projects. Top quality recommended quilting tools and brands will be discussed in the first class time. To register or if you have questions regarding the class, contact the instructor, Marty Moon, at 540-829-7200 or etwmwm@aol.com.

\$80 for session

### **GET ART: Watercolor Workshop**

Thursdays, January 6-27, 7-9:30 pm (4 classes)

Incorporating demos addressing the elements that make watercolor unique and challenging, the class will build slowly from simple to complex topics including value, control of medium, color mixing and composition. Students will apply classic watercolor techniques as they paint from still life and photographs. All levels are welcome. Some previous painting experience is suggested. Teacher: Mary B. Allen

\$95 for session

### **ACT UP: Acting Workshop**

for Teens & Adults

Wednesdays, February 8-22, 7-9 pm (3 classes)

Beginning and Beyond. Classes will cover stage technique, scene study, cold reading, and auditioning. Teacher: Kathleen August

Drop in for \$25 per class or \$75 for session Windmore members/\$30 per class or \$90 for session for nonmembers

### **GET ART: Drawing like DaVinci**

Tuesdays, March 1-22, 4-5:30 pm (4 classes)

Drawing is a skill that can be developed by learning how to see and to communicate that seeing through the hand in drawing. We will spend the first class session drawing and exploring student interests. Based on experience levels and interest we will further develop skills in drawing and observation, perspective and value studies. Materials required are a sketchbook, newsprint and drawing board, drawing pencils, kneaded erasers, charcoal or conté (black or terracotta and white) pencil/stick, midtone charcoal paper. Teacher: Michelle Powell \$60 Windmore members/\$70 for nonmembers



**GET ART classes make the arts fun for all ages!** All classes will be tailored to be appropriate for each student's age, interests, and abilities. Children under 6 must be accompanied by an adult. Classes are held at the Windmore Art Center, 209 N. Commerce Street, Culpeper, VA. Registration forms are available at <a href="https://www.windmorefoundation.org">www.windmorefoundation.org</a> Space is limited, please register early! No refunds for missed classes or cancelled registrations.







# KID CENTRAL NEWS

"WHERE FRIENDS STAY TO PLAY"

Kid Central
1401 Old Fredericksburg Rd.
Culpeper, Virginia 22701

A.G. Richardson Elementary 540-717-5241

Emerald Hill Elementary 540-937-7361 Ext. 3945

Farmington Elementary 540-717-5246

Pearl Sample Elementary 540-829-2185

Sycamore Park Elementary 540-829-2185

Yowell Elementary 540-825-9484 Ext. 2640



Kids love the new preschool playground built last summer!



Issue Forty Two

kidcentralculpeperva.com

# Our Kids Come To Play

Beat the winter blues with innovative programs, sports and special events

Happy New Year! Thank you for letting Kid Central

serve your child's after school care needs in 2011 and beyond.

We had a great time this past fall enjoying sports, crafts, chess and special all-day events.

We hope your family enjoyed the Holiday Season and that your child is having an enriching experience at Kid Central.

In addition to all our activities it's also

a great place to get homework done or simply make friends. For more information contact us at 829-2124.

We've been serving Culpeper's childcare needs since 1990.

Kid Central Sports will focus on basketball in the winter months and our fall flag football league was a success. Each school has a team in the league and the focus is on fun, sportsmanship and health. To see our schedule for the basketball league visit our website. We look forward to seeing you after school.



## Kid Central Standings Final Flag-Football Standings:

AG/Pearl 5-0
Emerald Hill 3-1-1
Sycamore 2-1-2
Farmington 2-2-1

Yowell 1-

Look for more activities over the next few months including crafts, chess, sports and special events!

For more information visit kidcentralculpeperva.com or call 540-829-2124



# KID CENTRAL NEWS

# Susan Hensley Retires From Kid Central

Recently, Susan Hensley celebrated a 17 year career of dedicated service to the children and families of Kid Central. Many colleagues, family members, and friends gathered for a retirement celebration held at Peppers Grill.

Her career mirrored the growth of Culpeper County Child Care, currently known as Kid Central. The popular program was conceptualized in 1990 and implemented by Human Services Director and current Mayor of Culpeper, Calvin "Chip" Coleman.

"Coleman considered the needs of working parents and children in our community," said Hensley. "The program started as an idea and grew."

In its infancy as a program, it was quickly realized that Culpeper County Child Care (CCCC) was also a great place for the County's teenagers to gain work experience. It became a multifaceted program—providing affordable after-school care, jobs within the community and a place for kids to enjoy being kids.

Hensley began her association with CCCC as a parent.

"I had been a parent volunteer and a substitute teacher for over seven years in the Culpeper County School system, Culpeper Christian School and St. Luke's. My children encouraged me to apply for a position with Culpeper County Child Care, saying Mom, you will love it!"

In 1993, Hensley applied for a job and started her service within this rapidly growing program, which had grown from two locations with an infant/toddler site and then to all of Culpeper County's elementary schools.

"For two weeks I worked at Sycamore Park Elementary as support staff and then moved to F.T. Binns as team leader, where I served with four staff members and seventeen children. This site quickly grew to serve twenty-seven, thanks to the wonderful support of Jim Allen, Russell Houck and Melody," said Hensley.

Over the last two decades all the program's sites grew due to parental needs, the support of the school system and the program's growing popularity.

"By the time Emerald Hill was built, our one location had grown to ninety-five children on a daily average. We were quite a team and had tons of fun," added Hensley.

She was also an innovator. In 1997 CCCC tried a new approach to summer day camp. CCCC partnered with Culpeper County Parks & Recreation's staff for an enhanced summer day camp complete with trips, sports and activities.

"I volunteered to assist in the planning for this day camp and was brought on board. This was the beginning of my childcare career," said Hensley. "That summer was so much fun."

Then in the fall of 1997, encouraged by the growing success of the program, under the direction of Dorenda Pullen, two full-time positions were offered; Staffing Coordinator and Program Coordinator.

Katreice Williams, the current director of Kid Central was awarded the Staffing Coordinator position and Hensley was awarded the Program Coordinator position.

CCCC/Kid Central took on a whole new direction as its staff worked diligently to make the year-round before and after-school program an environment based on fun, safety and enriching activities for its children

"Each year when summer rolled around, our goal was to design a summer program that children could brag about when they returned to school in the fall. We wanted them to have great memories of their summer vacation at Kid Central. We knew that for some of the children this was going to be the only vacation their hard-working parents were going to be able to afford," said Hensley. "That was very important to me."

Through the years Hensley and the Kid Central staff strove to provide a fun-filled program serving as many as 300 campers during a summer camp.

"It's been years of pure fun. Now it's time to pass the baton on to another. After all, I can't have all the fun," said Hensley.

When one watched Hensley at work with the children it was apparent that there was a mutual love and respect for each other. Her ever-present smile and kind nature always worked wonders.



Susan Hensley and Chip Coleman

Hensley also noted the support of many colleagues over her nearly two decades of service.

"I would especially like to thank Chip (Coleman) for seeing the value in what I did and Lisa Peacock's continued support of my presentations. I also want to thank all the people I've had the pleasure of working with including Dorenda Pullen, Katreice Williams, Dollie Wright, Bobbie Johnson, Darnell Banks, Courtney Kube and Shannon Sickler," commented Hensley. "It was a delight and a privilege to serve with these people."

However, it was always about the children for Hensley.

"I'm happy to have shared this part of my life with thousands of children. I thank them for bringing an abundance of happiness and laughter into my life," said Hensley. "It's been a great journey."

### Page 12 Culpeper Minutes Issue Forty Two



# Culpeper Renaissance, Inc. (CRI) is proud to announce the launch of the <a href="https://www.BeACulpeperLocal.com">www.BeACulpeperLocal.com</a>.

### What does it mean to Be A Culpeper Local?

There are approximately 47,000 of us who have chosen to make Culpeper County our home. We live, play, work, eat, shop, go to school, and pay taxes here. Did you know that 5 cents out of every dollar spent on Virginia State sales tax is returned to the county in which it was collected? And approximately another penny is returned to that county's school system? What does this mean for Culpeper? For 2010-2011, the County general fund expects to receive \$4.5 million (part of which is allocated to the Town), and the school expects to receive \$6.4 million. All these millions are from us spending our dollars in Culpeper County!

www.BeACulpeperLocal.com would like to increase those millions by inviting every Culpeper resident to think about where they spend their money. Many of us commute out of Culpeper and tend to spend in other communities. But next time, think about the sales tax you are depositing

in some other county's general fund and school system. If each of our 22,000 households diverted \$200 a month to Culpeper, we could potentially generate an extra \$500,000 each for School and County coffers in one year!

www.BeACulpeperLocal.com is sponsored by CRI and local businesses who hope to entice you each and every day to put your money where your house is.

Tod Ross of Petersen's Jewelers expresses the sentiments of www.BeACulpeperLocal.com partners: "I am a Culpeper native. I know that dollars spent locally come back to the community, and local dollars spent out of town go to that community."

Sharon Clark owner of Pepperberries, expresses "I think the Be A Culpeper Local program will help enlighten our community on the advantages of spending their money locally."

Check out who's a local and see what is planned for you by participating Culpeper businesses. Get involved and find out how to Be A Culpeper Local, visit www.BeACulpeperLocal.com daily!

### FAMS Announces—TWO New GRANT FUNDED Transportation Services Available

The Foothills Area Mobility System (FAMS) is a regional partnership working to improve and expand transportation options in Culpeper, Orange, Madison, Fauquier and Rappahannock counties. A Steering Committee, chaired by the Rappahannock-Rapidan Regional Commission, is comprised of the RRCSB and Area Agency on Aging, Virginia Regional Transit, Aging Together, the Virginia Employment Commission and representatives of local Disability Services Boards. With funding from an **FTA New Freedom grant**, FAMS hopes to fill some of the gaps in services in our region by facilitating two new pilot projects.

FAMS has contracted with Charlottesville-based transit company JAUNT to operate the Foothills Express, a Culpeper-Charlottesville shuttle bus service focusing on medical transportation. Anyone is eligible to ride the bus, but a reservation is required (1-800-365-2686 at least 24 hours in advance). Fares are \$3.00 one way or \$5.00 round trip, and exact change is required. The bus is handicapped accessible and drivers are Passenger Service and Safety

(PASS) certified. Passengers may board the bus at Culpeper Regional Hospital or at the Madison Food Lion and can specify their destination in Charlottesville when making the reservation. Escorts for passengers requiring assistance, ride free. Once in Charlottesville, riders may transfer to any of the JAUNT transit buses and ride anywhere JAUNT services at no additional charge.

A second pilot project--a One-Call Transportation Center--will also be established using the New Freedom grant. The One-Call Transportation Center will provide information and

referrals for the various public, private and volunteer transportation options in the region. Those in need of transportation can call 540-445-1VAN (1846) to speak to a Transportation Solutions Specialist who will provide information on available transportation options, bus schedules, travel training, or trip planning at no charge. The Transportation Solutions Special-



JAUNT transportation service will operate from Culpeper to Charlottesville for Medical appointments

ist can ride along to assist individuals using it for the first time.

For more information please contact Mobility Program Coordinator Jenny Biche at (540) 829-7450 or email at <a href="mailto:jkbiche@rrregion.org">jkbiche@rrregion.org</a> NOTE: These two new services are pilot projects and are subject to change according to need and circumstance.



Our vision for Aging Together is that the needs and preferences of older adults will be recognized and honored as our region creates livable communities for all ages. We want all citizens aging together to enjoy a life long sense of place and community, to be able to contribute to their community and when needed to have ready access to diverse supports from family, friends, helping organizations and a responsive local government.

### **Making Connections**

Few of us are truly independent. In the course of any given day we interact with others and depend on others for a variety of help. Even those who prefer more solitary pursuits in general, seek out connections with others on occasion. Imagine, however, being at home as a caregiver for a person who is unable to make a personal connection with you due to Alzheimer's or dementia. The isolation felt by family caregivers can be paralyzing.

Family members provide the majority of care for people with Alzheimer's and related dementia. A familiar theme for them is "What can we do at home all day?" Often the prevalent symptoms of the disease are decreased interest in activity and reduced communication, despite a caregiver's best attempts to make connections.

Aging Together and the Rappahannock Rapidan Community Services Board are excited to have received a grant to bring a new program developed by the Alzheimer's Association of Central and Western Virginia into this area. Funded by the Administration on Aging, *Connections* provides family caregivers with a way to interact with their family members in meaningful ways based

on the individual's previous interests and strengths. The result is a stronger connection between these family members, less stress for the caregiver, and increased social opportunities for the person receiving care.

Virginia was allowed to submit only one grant on behalf of the Commonwealth and chose this project as its representative. Connections was one of ten grants selected from fifty applications across the nation. Over two years it will assist 250 families of people with Alzheimer's or dementia. It will also bring the resources of the Alzheimer's Association, based in Charlottesville. into our area, focusing solely on Culpeper, Fauquier, Madison, Orange and Rappahannock. Part of what impressed the Administration on Aging about the Connections proposal was the positive connection and partnership among the organizations involved in implementing this project. It will be a significant undertaking to identify 250 families, bring staff into their homes regularly over 6 week sessions, and help them re-connect with each other.

**Connections** is exactly what Aging Together is all about. The success of partnership connections is evident through its work and throughout Culpeper. Healthy Culpeper unites the County's

community service organizations and has been replicated in surrounding counties. The Culpeper Chamber of Commerce connection linking the Non-Profit and Small Business Councils will result in the first of its kind Building Better Business Boot Camp next month. The Foothills Area Mobility system, a coalition of organizations focused on enhancing transportation access for older adults, people with disabilities and lowincome families launched a transportation option connecting the region with Charlottesville medical services in November of last year. (See Page 12, article on FAMS Transportation Services.) Throughout this winter the connection of churches has been keeping homeless families warm through their shelter program.

People connecting, people working together, people helping each other are what make Culpeper a strong community aging together.

Aging Together is a community partnership taking action now to improve quality of life for the growing population of older adults. Join our local team meeting the 1st Thursday of every month at 9:00 a.m. at Culpeper Human Services.

For more information contact Kathi Walker at 829-6405 or <a href="mailto:kwalker@agingtogether.org">kwalker@agingtogether.org</a>
Visit our website: <a href="mailto:www.agingtogether.org">www.agingtogether.org</a>

### A Message from the County Administrator

As I read over the above article from Aging Together I notice that the achievements and strategy of this community-based organization are very understated. Aging Together has sought and won two important grants and has earned wide recognition as a role model.

Aging Together is a proactive organization, looking at the community, analyzing needs and developing a solution and a strategy to deal with what is essentially a growing future need.

I would like to point out that this, while definitely admirable, represents the attitude of our citizens. Culpeper is a very caring community.

It is also important to recognize that Aging Together sought and won a large grant for its operation. At this point, the organization has developed another initiative—the well-named *Connections*—which has won a significant grant for its operation

and this program will be a model for other communities.

The last issue of *Culpeper Minutes* outlined the success of our Building Department staff in getting a major grant to offer a Green Building Training and Resource Center. Culpeper is frequently on the cutting edge of recognizing and developing a strategy to supply what will become a growing community need.

Underlying these significant projects based on strategies to unite the community and prepare for the needs of many different groups and individuals, is the fact that all of this is based not on tax dollars but on grant funds specifically offered to support such projects.

Culpeper is now a grants community. In addition to the well worn property tax income, faced with growing needs for service, the Culpeper County Budget has significant income from grants. Every Department and Office of the County government, as well as community-based organizations (CBOs) has access to a grant's searching system, eCivis.

The Board of Supervisors provided a subscription to this service and our organizations have made good use of it to obtain many grants and many dollars. All of this relieves the demand on the individual Culpeper citizen and allows the Board of Supervisors to maintain one of its chief objectives—to keep taxes as low as possible. The Board has achieved this goal while also strengthening our community by maintaining services and encouraging the meeting of future needs.

Aging Together is an excellent example of the Board of Supervisors' vision of using grants in lieu of tax dollars.

Frank T. Bossio



### Who are we? How do we Serve? What have we Done?

WHY? Because—In ten years, by the year 2020, the over 65 year old population of Culpeper is expected to reach 25%, or ONE of every FOUR people

Aging Together was formed in 1998 when the Directors of the five county Departments of Social Services and the RRCSB Area Agency on Aging all noted an increase in referrals related to seniors. Research showed that the number of people over 65 was growing across the nation as the "Baby Boomers" were getting older.

Local projections indicated that the growth rate of older adults was slightly ahead of national numbers and that by 2020 the aging population would at least double and that more than 1 in 4 local citizens would be over 65. The leadership of Social Services and the Area Agency on Aging had to acknowledge that these demographic changes would have a significant impact on our community. They decided to pool resources and conducted the area's first survey of older adults. This survey, conducted by Virginia Tech, collected information from over 1000 area senior citizens. The results were clear - older adults wanted to remain in their home communities, as independently as possible, and already had a number of assistance needs including transportation, affordable housing and accessible medical care.

In 2004 the Robert Wood Johnson Foundation published a second round of funding for community partnerships focusing on addressing the projected growth of the older population based on locally developed actions. Even though the first round of funding went to large cities including Dallas, Boston, Atlanta, and San Diego, the then-named Rap-

pahannock Eldercare Coalition submitted an application. Initially the Coalition was awarded \$75,000 over 15 months to develop a strategic plan for aging for the region. In 2006, they received a second grant, one of only 8 awarded, for \$750,000 to implement the plan over 4 years. These grants required significant match of community resources including cash and time spent in activities. Aging Together had begun.

Over the 6 years of Robert Wood Johnson Foundation funding, each county has been asked to contribute match and operating funds based on a formula developed by the Rappahannock Rapidan Regional Commission using population figures. These funds are directed primarily at providing staff support in each county to address local needs but also help Aging Together work to facilitate multigroup efforts directly aimed at regional issues.

Aging Together does not provide direct services to older adults and their families. There are a host of community services organizations in Culpeper that do this and do it well and there is no need to try and replicate these great efforts. Rather, Aging Together works behind the scenes, matching groups and individuals with common interests to share resources to expand or enhance supports for seniors.

We didn't realize in the beginning how critical this type of linking would be once the economy began changing. But despite the downturn, Aging Together has been able to bring together stake-

holders who have expanded services including transportation, access to free prescription medication, caregiver training programs and support groups, services to people with Alzheimer's and dementia, volunteerism, training for first responders, police and sheriffs.

Aging Together looks for best practice models, searches out grants for its staff and for its partner members, does research to help describe and quantify issues so that action plans to address them can be developed. This is often the kind of work non-profit and services organizations, local governments, schools and even businesses do not have the time to do. But they are critical if service organizations are going to be able to meet the needs of their customers.

Since it began, Aging Together has received funding from a variety of sources that include the Virginia General Assembly, the Virginia Department for the Aging, the Elder Law section of the American Bar Association, and the Administration on Aging. Aging Together has brought state and national attention to this region as a model for planning for the coming age wave. We have been acknowledged by the Commonwealth Council on Aging as a Best Practice Partnership, the Virginia League of Social Service Executives Spirit of Collaboration Award, by AARP Virginia as a model partnership and by the Administration on Aging as a National Program Champion.

Visit our website: www.agingtogether.org

### Culpeper Chamber of Commerce Non-Profit Council—Opportunity

In early 2009 Culpeper Chamber of Commerce CEO Jim Charapich recognized that non-profit organizations not only support the most vulnerable of our citizens, but are a growing business presence. As a result the Culpeper Chamber created a Grant Writing Council which evolved into the Non-Profit Council of the Culpeper Chamber with a mission of "strengthening the business of non-profits."

Recognizing that non-profit organizations' time and money are in short supply, the Non-Profit Council elected to develop a one day intensive training "boot camp" for non-profits offering expert speakers on a variety of top-

ics. As the curriculum was developing, members of the Council noted that small businesses often struggle with similar issues.

After consideration by the Non-Profit Council and the Small Business Council, the two decided to collaborate on a shared conference providing information on how to run any type of business effectively.

Business Basics Boot Camp, a one-day conference, will be held on February 28<sup>th</sup> at the Daniel Technology Center in Culpeper. This regional training opportunity will cover a variety of topics including human resources management, financial and legal requirements, grant writing and fund development.

social media and business/strategic planning. Nationally recognized Boomer Project CEO, Matt Thornhill, will deliver the keynote address on the impact Baby Boomers will have on non-profits and small businesses.

Visit the Culpeper Chamber of Commerce website at <a href="www.culpepervachamber.com">www.culpepervachamber.com</a> for more information about the Non-Profit Council and the Business Basics Boot Camp. Join the Non-Profit Council meetings at noon the first Tuesday of every month in the Culpeper Library conference room.